



TOUR Roman

CARAVANTOURS
GROUP TRAVEL SPECIALIST

**Journey to the Heart
of the Roman Region:
From Antiquity to the
Baroque**

5 nights

DAY 1 – Baroque Rome

Arrival in Rome and meeting with your local guide for a panoramic walking tour of Baroque Rome. You will admire the city's emblematic monuments, such as: Piazza di Spagna (Spanish Steps), Via del Corso, Trevi Fountain, Piazza Montecitorio, Pantheon, Piazza Navona, San Luigi dei Francesi, Campo dei Fiori, and Piazza Farnese. The Baroque period left an indelible mark on Rome's urban fabric. An expression of the triumphant Church after the Protestant Reformation, this style is distinguished by its theatricality and its capacity to move the spectator. In the 17th century, palaces, fountains, squares, and churches transformed the city, giving it the face we still know today. Lunch in a typical local trattoria. Late afternoon, check-in at the hotel in the region. Dinner and overnight stay.

DAY 2 – Roman Castles

Meeting with your guide and departure towards the Castelli Romani (Roman Castles) region. You will discover the gentle, lush slopes of the Alban Hills and ancient towns such as Frascati, perched on its hill and famous for its white wine vineyards.

From the central square, there is an expansive view of Rome and the grandiose Villa Aldobrandini and its gardens. Continuation to Grottaferrata and its Santa Maria Abbey with its magnificent frescoes, then Rocca di Papa, a picturesque village. Typical lunch with wine tasting in a local osteria (traditional tavern). Return to the hotel in the afternoon. Dinner and overnight stay.

DAY 3 – Ancient Rome

Day dedicated to Ancient Rome to admire the Colosseum, the symbol of the city, the Roman Forum, and the Palatine Hill. The Colosseum, the largest amphitheater of the Roman Empire, hosted spectacles involving wild animals, gladiatorial combats, and battle reenactments for more than five centuries. The Forum, a former marsh drained at the end of the 7th century BC, became the center of Roman public life. The Palatine Hill, according to tradition, is the place where Romulus founded "Squarem Rome" housing sanctuaries and sumptuous villas. Lunch in a restaurant during the visit. Return to the hotel late afternoon. Dinner and overnight stay.

DAY 4 – Tivoli

Departure towards Tivoli, a resort location since Antiquity and throughout the Renaissance. Guided tour of Villa Adriana (Hadrian's Villa), built by Emperor Hadrian, reproducing the best architectures of Egypt, Greece, and Rome in the form of an "ideal city". This site is a UNESCO World Heritage site. Lunch in a local restaurant. In the afternoon, visit Villa d'Este, built for Cardinal Ippolito d'Este in 1550, with its palace and gardens, a remarkable example of refined Renaissance culture. Return to the hotel. Dinner and overnight stay.

DAY 5 – The Vatican

Meeting with the guide to visit the Vatican Museums, St. Peter's Basilica, and St. Peter's Square. The Vatican Museums are among the oldest and most visited in the world, including chapels and frescoed rooms, such as the Sistine Chapel and the Raphael Rooms, as well as the gardens. St. Peter's Basilica, imposing with its 218 meters in length and 136-meter dome, is one of the largest papal basilicas. St. Peter's Square, spectacular with its 284 columns and 88 pillars, can accommodate over 300,000 people during major events. Lunch in a restaurant in the area. Free afternoon to wander around Rome. In the evening, typical dinner in a trattoria in the bohemian Trastevere district, the medieval and romantic heart of the city. Return to the hotel for the night.



DAY 6 – Ostia Antica

Departure for Ostia. The ancient port of Rome, Ostia Antica is one of the best-preserved archaeological sites in Italy. Guided tour through the ruins: the forum, Capitolium, Baths of Neptune, Roman Theatre still in use today, insulae (apartment blocks), public baths, and collective latrines. An immersion into the daily life of the Romans, with ancient frescoes, mosaics, and graffiti. Lunch in a restaurant and end of our services.

The program above is provided as an indication.

Contact us to personalize and adapt it according to the clients requirements and preferences.

