



TOUR Umbria

CARAVANTOURS
GROUP TRAVEL SPECIALIST

**The Medieval Soul in
the Green Heart of Italy**

7 nights

DAY 1 – Gubbio

Arrival in Umbria and meeting with the guide. Departure for the discovery of Gubbio, a medieval city clinging to the slopes of Mount Ingino. Its grey stone palaces, steep alleys, and the majestic Piazza Grande offer a unique testimony to the Italian Middle Ages. Lunch at a restaurant and free time to enjoy the city's atmosphere. Continuation to a hotel located in the Assisi area, dinner, and overnight stay.

DAY 2 – Perugia

After breakfast, departure towards Perugia, the capital of Umbria. Visit its historic centre with Piazza IV Novembre, the Fontana Maggiore, the Palazzo dei Priori (Prior's Palace), and the Cathedral. Stroll through the lively alleys, rich with artisan shops and local specialties like chocolate and the region's famous wine. Lunch at a restaurant. Return to the hotel, dinner, and overnight stay.

DAY 3 – Assisi and Santa Maria degli Angeli

Day dedicated to Assisi, the city of Saint Francis. Visit the Basilica of Saint Francis, a masterpiece of medieval art housing frescoes by Giotto, then discover the picturesque alleys and other

emblematic monuments: the Basilica of Saint Clare and the Piazza del Popolo. Lunch at a restaurant. In the afternoon, stop at Santa Maria degli Angeli to visit the basilica built around the small chapel of the Porziuncola, dear to Saint Francis. Lunch during the visit. Return to the hotel, dinner, and overnight stay.

DAY 4 – Spello, Rasiglia, and Bevagna

Departure for Spello, a charming, flower-filled medieval village, famous for its stone-house-lined alleys and Roman remains. Continuation towards Rasiglia, nicknamed the "little Venice of Umbria", a picturesque village crossed by numerous streams and canals. Lunch at a restaurant. In the afternoon, discover Bevagna, classified among the most beautiful towns in Italy, with its medieval square, Romanesque churches, and timeless atmosphere. Return to the hotel, dinner, and overnight stay.

DAY 5 – Todi, Montefalco, and Torgiano

Morning dedicated to Todi, a city perched offering magnificent panoramas and an elegant historic centre dominated by Piazza del Popolo. Departure then for Montefalco, known as the "balcony of Umbria", famous for its vineyards and the

production of Sagrantino wine. Lunch en route. In the afternoon, visit Torgiano, an important wine-making centre, with a tasting of local wines accompanied by typical products. Return to the hotel, dinner, and overnight stay.

DAY 6 – Norcia and Spoleto

After breakfast, departure for Norcia, the birthplace of Saint Benedict, surrounded by the Sibilline Mountains. Discovery of its historic centre, its renowned gastronomic traditions (cured meats, cheeses, truffles). Lunch during the visit. In the afternoon, continuation towards Spoleto, a splendid art city with its Romanesque cathedral, its theatre, and its famous Bridge of Towers (Ponte delle Torri). Return to the hotel, dinner, and overnight stay.

DAY 7 – Orvieto

Departure for Orvieto, a city perched on a tuff butte, dominated by its impressive Gothic Cathedral. Stroll through the medieval alleys and possibility of visiting the underground of Orvieto which reveals centuries of history. Lunch at a restaurant. In the afternoon, end of our services.

Optional Extensions

Marmore Falls – Narni

Departure for the Cascata delle Marmore (Marmore Falls), one of the highest waterfalls in Europe, created by the Romans. Walk along the panoramic trails allowing admiration of this impressive natural spectacle. Lunch en route. In the afternoon, discovery of Narni, a medieval city rich in monuments and legends, which even inspired the name of the famous novel Narnia. Return to the hotel, dinner, and overnight stay.

Lake Trasimeno

Day dedicated to Lake Trasimeno, the largest lake in Central Italy. Panoramic walk and possibility of a boat excursion to Isola Maggiore, a small picturesque village where time seems to have stood still. Lunch based on lake fish specialties. Free afternoon to enjoy the peaceful landscapes and return to the hotel.

*The program above is provided
as an indication.*

*Contact us to personalize and adapt it according
to the clients requirements and preferences.*

